

# September 2020

## Plato Academy Trinity Breakfast

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	<b>1</b>	<b>2</b>	<b>3</b>	<b>4</b>
<b>Student Meal Pricing</b> • Breakfast Meal: \$2.25 • Lunch Meal: \$3.25	<b>Breakfast</b> • Cinnamon Streusel Bread OR Pop-Tart with Animal Crackers <b>Includes</b> Assorted Fruit and Milk	<b>Breakfast</b> • Egg and Cheese Biscuit OR Assorted Cereal with Animal Crackers <b>Includes</b> Assorted Fruit and Milk	<b>Breakfast</b> • Cinnamon Monkey Bread OR Pop-Tart with Animal Crackers <b>Includes</b> Assorted Fruit and Milk	<b>Breakfast</b> • Chicken and Waffle Sticks OR Assorted Cereal with Animal Crackers <b>Includes</b> Assorted Fruit and Milk
<b>7</b>	<b>8</b>	<b>9</b>	<b>10</b>	<b>11</b>
<b>Breakfast</b> • French Toast Sticks OR Assorted Cereal <b>Includes</b> Assorted Fruit and Milk	<b>Breakfast</b> • Cheesy Scrambled Eggs with Pancakes OR Pop-Tart with Animal Crackers <b>Includes</b> Assorted Fruit and Milk	<b>Breakfast</b> • Blueberry Breakfast Bites OR Assorted Cereal with Animal Crackers <b>Includes</b> Assorted Fruit and Milk	<b>Breakfast</b> • Chicken Biscuit OR Pop-Tart with Animal Crackers <b>Includes</b> Assorted Fruit and Milk	<b>Breakfast</b> • Jumbo Cinnamon Roll OR Assorted Cereal with Animal Crackers <b>Includes</b> Assorted Fruit and Milk
<b>14</b>	<b>15</b>	<b>16</b>	<b>17</b>	<b>18</b>
<b>Breakfast</b> • Breakfast Bowtie OR Assorted Cereal <b>Includes</b> Assorted Fruit and Milk	<b>Breakfast</b> • Cinnamon Streusel Bread OR Pop-Tart with Animal Crackers <b>Includes</b> Assorted Fruit and Milk	<b>Breakfast</b> • Egg and Cheese Biscuit OR Assorted Cereal with Animal Crackers <b>Includes</b> Assorted Fruit and Milk	<b>Breakfast</b> • Cinnamon Monkey Bread OR Pop-Tart with Animal Crackers <b>Includes</b> Assorted Fruit and Milk	<b>Breakfast</b> • Chicken and Waffle Sticks OR Assorted Cereal with Animal Crackers <b>Includes</b> Assorted Fruit and Milk
<b>21</b>	<b>22</b>	<b>23</b>	<b>24</b>	<b>25</b>
<b>Breakfast</b> • French Toast Sticks OR Assorted Cereal <b>Includes</b> Assorted Fruit and Milk	<b>Breakfast</b> • Cheesy Scrambled Eggs with Pancakes OR Pop-Tart with Animal Crackers <b>Includes</b> Assorted Fruit and Milk	<b>Breakfast</b> • Blueberry Breakfast Bites OR Assorted Cereal with Animal Crackers <b>Includes</b> Assorted Fruit and Milk	<b>Breakfast</b> • Chicken Biscuit OR Pop-Tart with Animal Crackers <b>Includes</b> Assorted Fruit and Milk	<b>Breakfast</b> • Jumbo Cinnamon Roll OR Assorted Cereal with Animal Crackers <b>Includes</b> Assorted Fruit and Milk
<b>28</b>	<b>29</b>	<b>30</b>		
<b>Breakfast</b> • Breakfast Bowtie OR Assorted Cereal <b>Includes</b> Assorted Fruit and Milk	<b>Breakfast</b> • Cinnamon Streusel Bread OR Pop-Tart with Animal Crackers <b>Includes</b> Assorted Fruit and Milk	<b>Breakfast</b> • Egg and Cheese Biscuit OR Assorted Cereal with Animal Crackers <b>Includes</b> Assorted Fruit and Milk		

## MONDAY

**Student Meal Pricing**  
• Breakfast Meal: \$2.25  
• Lunch Meal: \$3.25

## TUESDAY

1

**Center Plate**  
• Spaghetti with Meat Sauce  
**Deli Delights**  
• Loaded Chef Salad with Croutons Breadstick  
**Hot Vegetable**  
• Garlic Steamed Broccoli

## WEDNESDAY

2

**Center Plate**  
• Mini Corn Dog Nuggets  
**Deli Delights**  
• Loaded Chef Salad with Croutons Breadstick  
**Hot Vegetable**  
• Creamy Mashed Potatoes

## THURSDAY

3

**Center Plate**  
• Crispy Chicken Sandwich  
**Deli Delights**  
• Loaded Chef Salad with Croutons Breadstick  
**Hot Vegetable**  
• BBQ Baked Beans

## FRIDAY

4

**Center Plate**  
• Fresh Baked Cheese Pizza  
• Fresh Baked Turkey Pepperoni Pizza  
**Deli Delights**  
• Loaded Chef Salad with Croutons Breadstick  
**Hot Vegetable**  
• Seasoned Corn

7

**Center Plate**  
• Three Cheese Baked Rotini  
**Deli Delights**  
• Grilled Chicken Caesar Salad with Croutons Breadstick  
**Hot Vegetable**  
• Garlic Steamed Broccoli

8

**Center Plate**  
• Southern Chicken and Waffle  
**Deli Delights**  
• Grilled Chicken Caesar Salad with Croutons Breadstick  
**Hot Vegetable**  
• Sweet Potato Fries

9

**Center Plate**  
• Beef Quesadilla  
**Deli Delights**  
• Grilled Chicken Caesar Salad with Croutons Breadstick  
**Hot Vegetable**  
• Sofrito Pinto Beans

10

**Center Plate**  
• Brunch For Lunch  
**Deli Delights**  
• Grilled Chicken Caesar Salad with Croutons Breadstick  
**Hot Vegetable**  
• Breakfast Home Fries

11

**Center Plate**  
• Stuffed Crust Pizza  
**Deli Delights**  
• Grilled Chicken Caesar Salad with Croutons Breadstick  
**Hot Vegetable**  
• Seasoned Corn

14

**Center Plate**  
• Southern Chicken Bowl 2oz Biscuit  
**Deli Delights**  
• Italian Sub  
**Hot Vegetable**  
• Creamy Mashed Potatoes

15

**Center Plate**  
• Homemade Mac and Cheese  
**Deli Delights**  
• Italian Sub  
**Hot Vegetable**  
• BBQ Baked Beans

16

**Center Plate**  
• All American Cheeseburger  
**Deli Delights**  
• Italian Sub  
**Hot Vegetable**  
• Oven Crisped Fries

17

**Center Plate**  
• Teriyaki Chicken with Rice  
**Deli Delights**  
• Italian Sub  
**Hot Vegetable**  
• Herb Roasted Broccoli

18

**Center Plate**  
• Fresh Baked Cheese Pizza  
• Fresh Baked Turkey Pepperoni Pizza  
**Deli Delights**  
• Italian Sub  
**Hot Vegetable**  
• Seasoned Corn

21

**Center Plate**  
• Grilled Cheese Sandwich  
**Deli Delights**  
• Pizza Craftable  
**Hot Vegetable**  
• BBQ Baked Beans

22

**Center Plate**  
• Chicken Bites  
**Deli Delights**  
• Pizza Craftable  
**Hot Vegetable**  
• Herb Roasted Broccoli

23

**Center Plate**  
• Cheese Calzones  
**Deli Delights**  
• Pizza Craftable  
**Hot Vegetable**  
• Cajun Tater Tots

24

**Center Plate**  
• Mandarin Orange Chicken with Rice  
**Deli Delights**  
• Pizza Craftable  
**Hot Vegetable**  
• Roasted Italian Veggies

25

**Center Plate**  
• Stuffed Crust Pizza  
**Deli Delights**  
• Pizza Craftable  
**Hot Vegetable**  
• Seasoned Corn

28

**Center Plate**  
• Chicken Tenders  
**Deli Delights**  
• Loaded Chef Salad with Croutons Breadstick  
**Hot Vegetable**  
• Seasoned Curly Fries

29

**Center Plate**  
• Spaghetti with Meat Sauce  
**Deli Delights**  
• Loaded Chef Salad with Croutons Breadstick  
**Hot Vegetable**  
• Garlic Steamed Broccoli

30

**Center Plate**  
• Mini Corn Dog Nuggets  
**Deli Delights**  
• Loaded Chef Salad with Croutons Breadstick  
**Hot Vegetable**  
• Creamy Mashed Potatoes